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FIRST IN \rangle nat geo in the field

explore it. The redoubt was simply too high up and the rock too unstable.

With special permission from the Nepalese government, Athans and climber Renan Ozturk fixed three-foot-long anchors deep into the crumbling walls. The going was slow: At one point, it took 14 hours to cover 328 feet. The duo eventually reached a series of tunnels and shafts, fixing a route inside the cliffs while dodging rockfall. "It was like climbing through a dust storm," Ozturk says. After working their way to the top of the complex, the climbers traversed from one opening to the next and soon entered a large domed room littered with more than 8,000 ancient manuscript folios, the illuminated pages filled with images of pre-Buddhist Bön deities. "It was the first time in my career that I got to use climbing techniques for something other than mountaineering," Athans says.

After collecting the manuscripts, Athans and Ozturk carefully lowered them in



rucksacks to the base of the cliff, where monks from Mustang's central monastery in nearby Lo Manthang did an initial cleaning of the impossibly tough handmade scrolls by thrashing them against rocks. The expedition's

anthropologist, Oxford professor Charles Ramble, then deciphered the folios. Most, he explained, date from the 15th century and suggest that Mustang's very first kings, though Buddhist, also practiced Bön. Evidence of the two religions coexisting was unsettling for some Lo Manthang residents, who consider Bön a primitive theology, full of black magic and arcane rituals.

Now the focus of the expedition shifts from exploring the caverns to preserving these fast-eroding, hard-to-reach sites. "We took some serious risks," says Ozturk, who at one point used his body as an anchor while hoisting others into the caves. "I don't think anyone other than our team is going to be cruising into these caves again anytime soon." \blacktriangle

Tune in to PBS for a two-part National Geographic Special on the Mustang Caves Expedition, The Lost Caves of Mustang and Secrets of Shangri-la, premiering November 18.





Clockwise from above: Monks clean and collate the hand-inked folios; Pete Athans in Ridziling cave; Renan Ozturk scales a crumbly cliff face.





ECO-VOYAGERS

And the award for green cause of

the year goes to . . . the Great Pacific Garbage Patch. After decades of anonymity, the floating trash pile located midway between California and Hawaii had a breakout 2009luring news crews, a trio aboard a raft made of junk, a zero-impact rower, and some hipsters from Vice magazine. Oh, and it was featured on Oprah. But most of the coverage (even you, Oprah) failed to ask one rather important question: Now that we know it's out there, what do we do about it? "It's an impossible cleanup job," says Captain Charles Moore, who first sailed through the Patch in 1997 after a yacht race to Hawaii and has studied the site since. The Patch's 3.5 million tons of trash and tiny plastic particles extend a hundred feet below the surface. Any cleanup, Moore says, would harm plankton and other small marine lifethat is, if we use current disposal methods. This past summer, a team aboard the schooner Kaisei experimented with ways to capture, clean, and recycle the plastic bits into diesel fuel, with limited success. Another proposal would utilize a giant floating artificial beach to scoop up and filter the junk. But an immediate solution seems unlikely. "Look, I'm all for cleanup," says David de Rothschild, an NG Emerging Explorer who plans to sail to the Garbage Patch this month in the Plastiki, a ship made of plastic bottles. "But 70 percent of all marine plastics are at the bottom of the ocean, and we dump eight million tons more into the sea each year. It's pushing water uphill to try to clean up this mess." The best way to eliminate oceanic garbage, de Rothschild argues, is to keep it on land: "The Plastiki is about turning something we're told is a throwaway into a valuable commodity. If people change the way they see plastic, they may stop tossing the stuff." -RYAN BRADLEY

> Watch videos of the harrowing Mustang expedition at ngadventure.com.